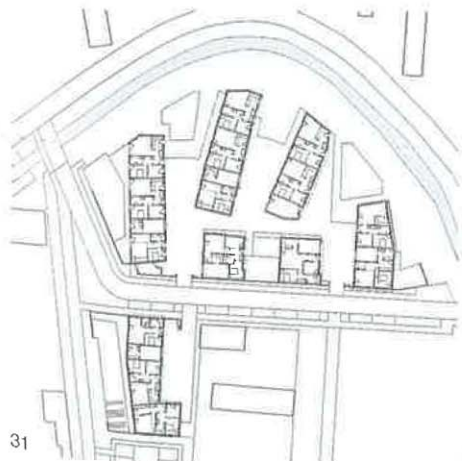




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to eight patients live together in a single large space. The beds, screened off by mobile spatial divisions, form the only private realms. Lighting and colours may be used as sensory stimuli, and the space is permanently occupied at a central point by a member of the nursing staff. Although disputed in professional circles, the care oasis is a bid to allow people in the final stages of dementia a maximum degree of participation in the life around them and to combat isolation.

Since such patients can rarely furnish information about the way they experience their environment, conclusions have to be drawn from their behaviour and from impressions of their sense of wellbeing. In the meantime, certain design principles have become virtually undisputed. Architecture for people with dementia should seek to aid orientation and convey a sense of security. A clear spatial structure is essential. Colour contrasts, which may be accentuated by the lighting, are additional aids. Flooring that is shiny or in blue tones should be avoided, since residents may perceive this as an area of water. Warm colours can be better differentiated than cool, pastel tones. The design of corridors and the layout of communal realms should take account of the cognitive limitations of patients. Spatial sequences should be as straightforward as possible, whereby a certain rhythm can be given to corridors through the use of light, colour, varied floor finishes and small projections.



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A lot of layouts permit residents to follow a round route and return to the point where they started. The mobility this allows within a protected environment helps to counter feelings of unease and the urge to be overactive often experienced by dementia sufferers. Ideally, corridors can be obviated if the residents' rooms all adjoin a central space where people can cook and dine together. Since patients in this kind of home are usually confined to the building, it is important to offer them different atmospheres. Qualitative architectural design expresses itself in an environment that allows a wide range of sensuous experiences. Integration and the creation of a network of relationships are key aspects of future housing for the elderly, who should not live in institutions removed from the surrounding social fabric. Instead, residential districts should be attuned to the needs of seniors, allowing the coexistence of young and old. The Scandinavian countries and the Netherlands are exemplary in this respect. In view of the demographic changes taking place in society, the care and support structures one has known hitherto no longer meet the needs of the growing number of people who require help in old age. Concepts related to a particular neighbourhood have three mainstays: accommodation appropriate to old age, social support and the provision of care. The first requirement is housing that allows people to lead independent lives for as long as possible.



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Grundrisse Regelgeschoss Maßstab 1:1000
 25–26 Hausgemeinschaft: Kompetenzzentrum Demenz, Nürnberg, 2006; Architekten: feddersenarchitekten; 96 Plätze in 8 Wohngemeinschaften mit Wohnküche und Loggia für je 10–12 Einzelzimmer, drei Häuser mit Zentrum als Patio, geborgene Wohnhöhle oder Bauernstube
 27 Hybrid Hausgemeinschaft/Wohnbereich: Kompetenzzentrum Beraten, Wohnen, Pflegen, Forchheim, 2014; Arch.: feddersenarchitekten
 28 Integration in Altstadtstruktur: Seniorenzentrum Nauen, 2005; Arch.: feddersenarchitekten; 63 Heimplätze in Gruppen von 9–12 Personen, Tagespflege: 14 Plätze und 5 Wohnungen

Grundrisse Erdgeschoss Maßstab 1:2000
 29,30 Hoornwerk, Deventer, 2008; Architekten: KCAP Architects & Planners; 90 Wohnungen, davon 26 als Pflegewohnung
 31,32 Dorfstruktur: Béguinage du Moulin, Vieille Église, 2010; Arch.: Pierre Bernard; 15 Wohnungen

Social support embraces advice, the coordination of outpatient services and help in everyday affairs. Finally, care must be provided for people in an extreme state of need. This will take place in small dwelling groups. The success of projects integrated into a neighbourhood depends to a large extent on soft factors such as cooperation with other citizens and a close collaboration with people who are important for the social environment: the municipal authorities, the housing economy, organizations providing aid and so on. This comprehensive approach is a feature of universal design, a strategy that has its origins in the US in the 1970s and that is based on a self-determined lifestyle, regardless of age, education and wealth. Universal design propagates the creation of everyday objects and a built environment that are of benefit to everyone (ill. 14). One basic principle is a flexible, all-round use of the public realm; for example, a terraced design for an open space with seating for older people as well as areas where children can play. In this way, the adaptation of a neighbourhood to the needs of specific groups becomes superfluous. This integrative strategy is a key to architecture in the future. Aesthetic design remains essential; for people who suffer from disabilities need spaces that are not just functional, but also beautiful. Universal design is not a strategy for fringe groups. It is an investment in the future of our society.

Floor plans scale 1:1000
 25, 26 Housing community, competence centre for dementia in Nuremberg, 2006; architects: feddersenarchitekten: 96 places in eight groups with a kitchen-cum-living area and loggia for every 10–12 single rooms; three blocks of different typology at the centre; patio
 27 Competence centre with hybrid structure for counselling, residence and care in Forchheim, 2014; architects: feddersenarchitekten
 28 Integre of Nauen centre for senior citizens into historic urban structure, 2005; architects: feddersenarchitekten; 63 places in groups of 9–12; day care for 14 places and 5 dwellings

Layout plans scale 1:2000
 29, 30 Hoornwerk, Deventer, 2008; architects: KCAP Architects & Planners; 90 dwellings, 26 of which are in care section
 31, 32 Village structure: Béguinage du Moulin, Vieille Église, 2010; architects: Pierre Bernard; 15 dwellings